

GLOSSARY OF TERMS

You Are What You Love

Discipleship: learning that is fundamental to Christian formation.

“Discipleship, we might say, is a way to curate your heart, to be attentive to and intentional about what you love.” (2)

Thinking-thingism: the belief that we are shaped merely by what we think, thus assuming that knowledge is the key to formation.

The Heart: the seat of our longings and desires. (8) *Kardia* (greek) refers to the heart as “the center of gravity of our identity.” (14)

Longings: a visceral, subconscious orientation to the world. (8)

Love: “less a conscious choice and more like a baseline inclination, a default orientation that generates the choices we make.” (16)

Telos: ultimate end or goal; where we think true happiness is found.

“Our telos is what we want, what we long for, what we crave...an attractive sense of where we think true happiness is found.” (11)

Eros: love related to desire or attraction.

Virtues: good moral habits (Bad moral habits are called ‘vices.’) (16) Virtue is formed through imitation, or practice. (18)

Liturgies: Love-shaping rituals that train our desires. Cultural practices and rituals that fundamentally shape who we are. (38)

Cultural/Secular Liturgies: rival modes of worship that compete for our heart; leading toward rival gods and visions of the good life. (29)

Christian Worship: liturgies indexed toward the kingdom of God that function as a *counterformation* to rival liturgies. Worship is composed of practices that orient our desires toward God. Worship is *to* and *for* God and God is active in the Word and Sacraments. (24, 70)